



**BOSPHORUS INTERNATIONAL PRESCHOOL  
MENU JUNE 2016**

<b>MAY 30-31 / JUNE 1-3</b>			
Monday	Watermelon/white cheese/milk	Lentil soup/spinach/meat pie/shepherds salad/yogurt	Mini sandwiches/fruit tea
Tuesday	Bread/butter/tomato/cucumber/milk	Roast turkey/potatoes/onions peppers/purslane in sauce	Seasonal fruits
Wednesday	Cornflakes/honey/bananas/milk	Vegetable soup/cheese pide/lentil salad/yogurt	Vegetable platter/humus
Thursday	Simit/cheese/tomato/milk	Beef vegetable meatballs/cracked wheat rice/green beans in tomato sauce	Apple pie /ice cream
Friday	Hard boiled eggs/olives/ tomatoes/ bread/fruit juice	Pasta with tomato basil sauce/grated cheese/seasonal salad	Strawberry yogurt
<b>JUNE 6-10</b>			
Monday	Cheese omelet/ tomatoes/ bread/ milk	Vegetable lentil casserole/ rice/ shepherd's salad	Shortbread/ strawberries
Tuesday	Cornflakes/ cranberries/ milk	Stuffed zucchini/green peppers, mashed potatoes yogurt	Bananas/yogurt with honey
Wednesday	Bread/ butter/ jam/ milk	Meatball vegetable casserole cracked wheat rice/salad	Watermelon/ white cheese
Thursday	Apple/ bread/ butter/ milk	Cheese potato bake/ kidney beans in tomato sauce/ green salad	Vegetable sticks/ tuna dip
Friday	Simit/ cream cheese/ fruit juice	Lentil soup/pasta with vegetable sauce/tomato onion salad	Seasonal fruit plate
<b>JUNE 13-17</b>			
Monday	Watermelon/ white cheese	Lentil vegetable soup/ Tuna and cheese sandwiches/ vegetable sticks	Banana bread / milk
Tuesday	Omelet/cucumbers/ bread/fruit juice	Turkey with green beans in sauce/ cracked wheat rice/ yogurt	Mixed vegetable platter/ humus
Wednesday	Strawberries/ cornflakes/ milk	Tomato star soup/assorted pastries/lentil salad/yogurt	Seasonal fruit/ dried figs
Thursday	Simit/ cheese/ tomatoes/olives/milk	Meatloaf/ rice/ chard in sauce	Savoury star biscuits/apple slices/ fruit tea
Friday	Cucumber/ tomato/ cream cheese/ bread	Carrot soup/ pasta with pepper cream sauce/ green salad	Fruit yogurt smoothie
<b>JUNE 20-22</b>			
Monday	Tomato omelet/bread/ Butter/fruit tea	Bean vegetable casserole/rice Carrot salad/yogurt	Cinnamon buns / fruit tea
Tuesday	Simit/cream cheese milk	Turkey vegetable casserole/ mashed potatoes/green salad	Peaches/ice cream
Wednesday	Cornflakes/banana milk	Margarita pizza/vegetable pizza/vegetable sticks/ dip/lemonade	Half day closure 12.30